

PRESIDENT'S MESSAGE

Guess what? It is almost time for the Sierra Pacific Region Annual Conference. Conference time is always a fun time. It is a time when you are treated to excellent workshops. You have an opportunity to practice your parliamentary skills and get the results of the goals that were set for this year.

In preparation for the Conference, we had a successful planning meeting on March 19, 2011 and the plan is to have a fabulous conference.

In this issue of the newsletter, you will find all the information you need concerning the Conference. I am extending a personal invitation to you to come to the Conference to learn and have a great time. We hope that you will join us there.

But, the conference is still three months away and the end of this term is four months away and our work is not done. There is still an opportunity to accomplish the goals that you have set for yourself this year.



Portia Munn
President

In my last article, I set a challenge to each of you and the challenge was this: ***"Special recognition and a prize will be given to the members who can reach out each day and hand out a brochure, business card or postcard. Drop me a note via email that you have done this task by February 19, 2011"***. I'm sorry and a little disappointed to say that no one dropped me a note.

Don't be afraid of cold calling. Cold calling is what you are doing when you give an elevator speech or talk to a stranger about POWERtalk. Cold calling is the art of approaching someone, professionally, openly and meaningfully, with a sensible proposition. Be positive, interesting, enthusiastic, prepared and respectful. Your attitude towards cold calling will determine your success. It is the key to new opportunities and new contacts. You are the one who will give the contact your unique view of our organization.

This is something that they cannot get from going to the websites.

I am going offer this challenge again. ***"Remember, just think how powerful it would be if 96 members made contact with a potential member each day and handed out a business card. That would be 35,040 potential new members over the course of a year. Or if we can only get out twice a week, that would be 9,984 potential members"***.

So drop me a note by May 31 to let me know if you tackled this challenge and what the results were and if you do, you will receive **special recognition**. Don't be afraid of cold calling. It is your friend.

Portia Munn
President, SPR





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As we approach the SPR Annual Conference and the end of the 2010-2011 term, have you thought over the past year and what you have gained from *POWERtalk*? Would running for an office for the next term help you to advance toward your goals? Have you considered the office of Vice President/Program Chairman?

One of the most important positions is that of planning the programs for your club and/or council because it is with good meetings, including interesting and informative programs that we retain and attract members. To do this, the program chairman must be knowledgeable about the needs and desires of the members and potential members.

Members who are working on the Accreditation Program should be given assignments to assist them in attaining the next level. This cannot be done without "**communication**" -- communication between the program chair and the accreditation chair, and communication between the members and these two chairmen.

At the Annual Conference our ITC Official Visitor, Division I Vice President Doris Ginther will be presenting the Training Power Pack titled "Expansion" to help us with our goal of expanding membership in our region.

In addition, Council Management Training will be offered and three Sierra Pacific Region members will be presenting workshops:

"Oh Say, Can You See" by Maria Trujillo-Tough, Former SPR President and 2009-2011 ITC Membership Chairman

"Get Down and Boogie" by Elizabeth Richardson, Former SNR President and 2010-2011 SPR PREM Chairman

"Who's Raining on My Parade???" by Marian "Edie" Eddens, Former Founders Region President and 2010-2011 SPR Chairman of the Membership and Accreditation Committees

I look forward to seeing all of you at the Annual Conference.

Faye Corrin
President Elect

The PREM Team lead by their enthusiastic and always positive leader, Elizabeth Richardson, made progress in the 2010-2011 year to build membership in the Sierra-Pacific Region.

Please make sure you read the PREM article in this issue to learn more about the marketing tools, recruitment efforts, extension out reach with the California Health Department of Health Services and the Zenith Clubs. We've got to get them young. My mom, Beverly Harrison, did this when she signed me up while I was in high school.

The PREM team members: Bobbie Bell, Maria Trujillo-Tough, Pam Montague and Edie Eddens, are a really dedicated group. They do so much for their clubs, their councils and for Sierra Pacific Region. These fine members can do it all, and they have done it all (many times again and again) for several years. However, multi-tasking and taking on several roles is what our members are doing regularly to keep this organization alive and vital. It is our ongoing challenge to create enough interest in our organization. We have a great opportunity to recruit new members with the annual conference in June. Let's all remember that ONE + ONE builds our clubs.

Please stay positive and move forward with assurance and dedication. We have so much to give to new members. Please know in your hearts that we will find the ways to successfully build up our membership numbers.

Portia Munn has worked hard to lead us in the 2010-2011 year. Let's get some potential new members to the annual conference in June to show her how much we appreciate our SPR President's efforts and how much we value her contributions.

In the December 2010 Pacific Waves, Portia's President's Message included these positive and inspiring words: **"Remember, that collectively we can be very powerful. Let's all take that next step and go on to reach the next level."**

Faye Corrin has done a fabulous job providing our membership with truly inspired workshops in the 2010-2011 year. By bringing prospective members to the annual conference in June, we can show Faye our confidence in her leadership skills and our support of her as Sierra-Pacific Region's President in 2011-2012. Let's help Faye realize her vision for a vital and thriving Sierra Pacific Region.

All of you are wonderful in your unstinting and continued support of Sierra Pacific Region. Have a delightful spring, as we look forward to a great time together at the annual conference in June. See you in Emeryville!

Lynn Harrison
Vice President

HAPPY EASTER



Reminder

SPR CONFERENCE PROGRAM ADS

Start now to design your program ads for the 2010 Annual Conference Program Booklet. Be creative as in the past. Be imaginative! Let's see how many ads we can display this year to help offset the cost of the Program Book. We accept and encourage ads from individuals, businesses, clubs, councils, region officers, life time members and members at large. Don't forget your business cards as well and most importantly, let's all be a **PATRON**.

Please send your formatted and graphic ready ads by **APRIL 1, 2011** by email to:

Denise Cheeseman at spr_itc@yahoo.com

Be aware that there is a (underline) between the spr and itc.

Additionally, send a courtesy copy of your email to the SPR Treasurer at rrobert12@sbcglobal.net

Also please insure that a check made payable to Sierra Pacific Region is sent promptly to the following address:

Robert Richardson
296 Marina Park Way
Sacramento, CA 95831

SELECT A SIZE:

Full Page	\$100.00
½ Page	50.00
¼ Page	25.00
1/8 Page	15.00
Business Card	7.50
Patron Scroll	3.00 per name

Please also provide the following information with the Check: Program Ad is submitted by Name, Telephone Number, Name of Club, Council #.

Please contact Karl Figenshu at:

Karl.Figenshu@fedex.com with any questions.

Thank you for your support of our great Sierra Pacific Region.

ELECTIONS COMMITTEE REPORT



The Elections Committee is pleased to set out some information about the Absentee Ballots. The Absentee Ballot gives every club an opportunity and privilege to vote for the elective officers and nominating committee.

The Sierra Pacific Region bylaws state under **Article VII - Nominations and Elections Section C: Election of officers.**

Election of officers and members of the nominating committee shall be held at the annual conference prior to the end of the fiscal year, or by mail ballot in the event that no conference is held. Election of officers shall be by preferential ballot.

A majority of the votes cast shall be necessary for election. If any ballot does not show a majority, the candidate having the fewest number of votes shall be dropped from the ballot and re-balloting continued until a candidate receives a majority vote.

Absentee Ballots. Any member club in good standing not represented at the region conference by a delegate or alternate may submit one (1) absentee ballot for the election of officers and nominating committee. (See standing rules #12 below.)

Clubs are encouraged to submit an absentee ballot even if a club delegate will be attending the Annual Conference.

The Standing Rule #12 states:

Absentee Ballots

An absentee ballot together with the list of candidates and qualifications shall be mailed to each club in good standing by the nominating and elections committee.

The absentee ballot shall be returned to the nominating and elections committee chairman no later than fifteen (15) days prior to the annual conference.

If, after submitting an absentee ballot, but before the opening of the polls, a club is represented at conference by a delegate or alternate, the absentee ballot shall be destroyed by the nominating and elections committee and the delegates or alternates attending conference shall be allowed to cast a ballot.

The club president needs to return the filled out absentee ballot to the Elections Chair before May 19, 2011. The week of April 11, 2010, the Absentee Ballot package will be mailed to each Sierra Pacific Region club president as shown in the 2010-2011 Region Roster.

Elections will be held at the 2011 Annual Conference on Friday, June 3, 2011, from 4:15 p.m. to 4:45 p.m.

Eileen Beresford, Chair

Sierra Pacific Region Call to Office

All members who meet the following Sierra Pacific Region Officer qualifications should be beating a path to the Nomination Committee to sign up for the offices available.

What qualifications are needed?

First you must have been at least a President of your club for one full year. You also must have been an active *POWERtalk* member for at least a minimum of three years. The minimum of three years as a *POWERtalk* member lets you be nominated for either Treasurer or Secretary. If you want to proceed further you must have been a member for four years to be a Vice President and 5 years to be a President-Elect or President.

What Procedures do you have to follow?

Have your club submit a nomination form with your qualifications by the April 2 deadline? Get the form from the SPR website. The Nominated person should complete and sign the form. Then have the club President sign the form. You may scan and e-mail the completed and signed form. Original signatures can be submitted electronically. There is a slight wiggle room time wise for submitting the form so even if it is a day or two late submit it.

What if I miss the deadline to be put on the absentee ballot?

This is the process if you miss being placed on the absentee ballots. Nominations may be made from the floor by delegates provided the nominees are present or have given written consent. A signed written statement shall be submitted for each candidate showing they meet the requirements for office and are willing to serve if elected. You may use the nomination form for this purpose also.

Do not hesitate to call any member of the Nomination Committee for assistance or to answer your questions.

Nomination Committee:

Alan Nakano (Council 2) Chair
Belinda Helms (Council 1)
Beverly Harrison (Council 4)

Newsletter Print Dates:

We are planning a **Special Conference Edition -July 1, 2011 (print date)**

Please take lots of pictures and write your thoughts about the conference and submit articles 1(one) week prior to print date to Maria Trujillo Tough at mvtruj@aol.com. Thank you.

PREM

The PREM Team for the Sierra Pacific Region has had a number of successes this year. Even though some of our goals were not accomplished, we want to look at what was achieved. We want to stay on the positive side. Positive energies generate a positive force. We can be proud of what we have accomplished.

Publicity—Clubs are posting notices of meetings in newspapers and local libraries. Clubs have had contacts from their publicity efforts. Several clubs have had open house and another one will be held in May. Two clubs have had very professional bookmarks made with club meeting and contact information on the front. The back has tips on controlling nervousness or worry reduction techniques.

Recruitment—So far this year we have had seven new members join our clubs and there are more potential members that will join by the end of the year. These members were recruited by family contacts, neighborhood acquaintances, and advertising events.

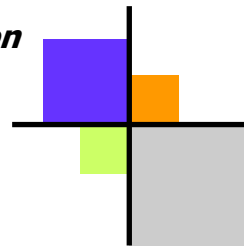
Extension—The goal was to start one new club in the California Department of Public Health. We were successful in having two meetings. The first was to see if there were enough employees that were interested. The second meeting was a demonstration meeting to show the interested employees how meetings are conducted and what they can learn. We are working with the Union and Training Office to have State Department support the club members in funding and advertising this new club.

The two Zenith Clubs are still active. The teacher, parents and children enjoy the training. We want to commend the members of Sierra Lindas and Telstars Clubs for their outstanding efforts in organizing and supporting the Zenith clubs.

Membership—Our members are very dedicated and are making every effort to provide good training to our continuing members, as well as, mentoring and encouraging our new members to grow and achieve their individual goals.

Remember ONE + ONE Every member recruit a member and watch our membership grow.

Liz Richardson, PREM Coordinator
Bobbie Bell, Publicity Chairperson
Maria Trujillo-Tough Recruitment Chairperson
Pam Montague, Extension Chairperson
Edie Eddens, membership Chairperson



12th SIERRA PACIFIC REGION ANNUAL CONFERENCE

June 3- 4, 2011

WOODFIN SUITES HOTEL,
5800 Shellmound Street, (888) 433-9042
Emeryville, CA 94608

Registration and Meal Reservation Form

Name: _____ Address: _____

State: _____ Postal/Zip Code: _____

Tel. No.: _____ E-Mail No: _____

Council: _____ Club: : _____

Emergency Contact No. _____

Registration Deadline: May 13, 2011

Cancellation Deadline: May 20, 2011

FULL MEAL PACKET IS \$114 With Optional Friday Lunch \$144
HOTEL ACCOMODATIONS: Call Hotel Directly, \$119 for 1 bedroom suite.
Make hotel reservations by May 03, 2011 to get guaranteed price.

- | | | |
|--|------|----------|
| 1. Member Registration | \$45 | \$ _____ |
| 2. Late On/Site Registration | \$55 | \$ _____ |
| 3. Friday Lunch (Optional) | \$30 | \$ _____ |
| American Wrap | [] | |
| Grilled Chicken Caesar | [] | |
| 4. Friday Night Dinner | \$42 | \$ _____ |
| Mediterranean Chicken | [] | |
| Grilled Filet of Salmon | [] | |
| 5. Saturday Luncheon | \$30 | \$ _____ |
| Ciabatta Chicken Sandwich | [] | |
| French Dip Sandwich | [] | |
| 6. Saturday Dinner | \$42 | \$ _____ |
| Grilled Herb Marinated Chicken | [] | |
| Carved Roast Beef | [] | |
| With Red Wine Sauce | | |
| & Mushrooms | | |
| 7. Guest Registration Name: _____ | | |
| a. Attending Training Sessions | \$45 | |
| b. Attending any Meal Function (Circle Choice) 3,4,5,6 | | |

(Anyone attending a meal function must pay the cost of the meal – no exceptions.)

8. SPECIAL DIETARY NEEDS: _____

TOTAL ENCLOSED \$ _____

Please make check payable to Sierra Pacific Region and mail check and registration form to:

Pam Montague
Meals & Registration, Chairman
278 Howe Avenue, Apt A
Sacramento, CA 95825 (916) 972-9468
pampshmon@aol.com

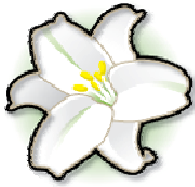
Controller's Use Only:

Date Received _____
Total Received _____
Registration # _____
Cash _____
Check _____

Please indicate any of the following that apply:

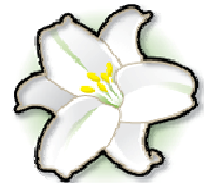
- () ITC Officer () Region Standing Committee Chairman () Club Delegate
() Region Officer () Region Special Committee Chairman () First Timer to Conference
() Past Region Supervisor/President. () Region Conference Committee Chairman
() Life Member () Council President

In memory of:



Sue Habel—Council 1- Marguerite "Sue" Habel 74, of Wheatland, CA, passed away August 19, 2010. Born October 5, 1935 in Berkeley, CA. Sue was a resident of the Yuba-Sutter area for 32 years. She was a secretary for 25 years for the Sutter County Dept. of Agriculture, and she also helped her husband with their cow calf and sheep ranch. Sue was a member of the Cadencia Communicators I.T.C. where she served many offices. Sue represented Sierra Pacific Region of I.T.C. in the speech contest when it was held at the international conference in New Zealand, where she traveled with her two daughters before becoming too ill to participate in club activities. Sue was also a member of the Red Hat Society. Survivors include her husband, Robert O. Habel of Wheatland, CA; daughters: Linda Armstrong (Mike) of Lakeport, CA, and Judy Carrico (Forrest) of Livermore, CA; grandsons, Joshua and Jared.

Wanda Scott—Council 4 –Wanda Jean Scott of Oakland, CA passed away January 2011. Her family moved to Oakland in 1959 and Wanda graduated from Castlemont High School. She worked for the United State Post Office for 42 years when she retired in 2007. She was President of Sierra Pacific Region in 2004-2005. She was also Area Director for the California State Association of Parliamentarians. She will be missed by both organizations for her tremendous sense of humor, her profound wisdom and most of all her ability to love unconditionally. Wanda leaves her two children Parrish Anthony Scott and Atasha Yvette Scott, her significant other Melvin Lyons, four sisters and a brother.



I answer the heroic question "Death, where is thy sting?" with
"It is here in my heart and mind and memories."

Maya Angelou

I am looking forward to a great Annual Conference and I hope that I will see you at the conference. We are planning on giving training to treasurers on the process of completing the Annual Membership forms. I want this training to be informative. Completing the Annual Membership forms and remitting money to New Zealand is very confusing. Most clubs only remit membership once a year and often it is a different member who has the responsibility. Come to the training and let us see if we can make it easier for preparing and remitting the ITC Annual Membership forms.



Robert Richardson
SPR Treasurer

2011 SIERRA PACIFIC REGION ANNUAL CONFERENCE CALENDAR OF EVENTS

Thursday June 02, 2011	Friday June 03, 2011	Saturday June 04, 2011	Sunday June 05, 2011
 <p style="text-align: center;">5:00 p.m. – 7:00p.m. SPR Board Meeting</p>	<p>7:00 a.m. - 9:15 a.m. Registration Credentials Donations Ways & Means</p> <p>8:15 a.m. – 9:15 a.m. CMT/CAL Management Training</p> <p>9:30 a.m. – 10:30 a.m. Workshop #1 Maria Trujillo-Tough “Oh Say, Can You See?”</p> <p>10:30 a.m. – 10:45 a.m. Registration/Credentials</p> <p>10:45 a.m. – 11:30 a.m. Delegate’s Briefing</p> <p>12:00 p.m. – 1:00 p.m. Optional Lunch</p> <p>12:30 p.m. – 1:15 p.m. Registration/Credentials</p> <p>1:30 p.m. – 4:00. p.m. Opening Ceremonies Business Session 1 Meet the Candidates Memorial Service</p> <p>4:15 p.m. – 4:45 p.m. Elections</p> <p>5:30 p.m. – 6:30 p.m. Speech Contest</p> <p>6:45 p.m. – 10:00 p.m. Honors Dinner Speech Contestants Writing Contestants Life Members P.R.E.M. Awards Outstanding Council Award Newsletter Recognition</p>	<p>7:00 a.m. – 8:00 a.m. Registration Credentials Donations Ways & Means</p> <p>8:15 a.m. – 9:15 a.m. Workshop #2 Marian ‘Edie’ Eddens "Who's Raining on My Parade???"</p> <p>9:30 a.m. – 10:30 a.m. Workshop #3 Elizabeth Richardson “Get Down and Boogie”</p> <p>10:45 a.m. – 12:15 p.m. Workshop #4 Doris Ginther, DIV I VP “Expansion”</p> <p>12:30 p.m. – 2:00 p.m. Honors Luncheon Workshop Leaders Council/Club-at-Large Presidents Standing/Conference Committee Chairman News from ITC</p> <p>2:15 p.m. – 4:00 p.m. Business II Final Committee Reports Courtesy Resolution 2011 Invitation to Conference</p> <p>5:30 p.m. Board Pictures</p> <p>6:00 p.m. – 10:00 p.m. Installation Dinner Honor Past Region Presidents & Supervisors Ways & Means Drawing Timekeeper’s Report Retirement of Flags President’s Reception Entertainment SINE DIE</p>	<p>Breakfast 8:00 a.m. – 9:30 a.m.</p> <p>Outgoing Board Meeting/ Evaluation</p> <p>9:45 a.m. – 11:45 a.m. Regional Management Training for Board</p> <p style="text-align: center;">Time to be Determined Incoming Board Meeting</p>



Call to Conference

JUNE 3 –4, 2011

“On June 3 & 4, 2011, all that a Powertalker needs or wants will be found at the SPR Annual Conference!” Portia Munn, SPR President



We are bringing to a close another year of study in the art of communication under the aegis of our mentor, POWERtalk International, and the constant support and encouragement of our members. It is time to gather together and demonstrate our skills and celebrate our progress! It is also the time to conduct the business of our region. The proper vehicle for these activities is our Sierra Pacific Annual Conference!

Outstanding workshops

Our programming is exceptional this year! We open with Management Training, a must for officers and members. Here is where we learn and re-learn the duties and responsibilities of our organization. Next, Maria Trujillo-Tough, always a favorite with the members, conducts her workshop, “Oh Say, Can You See?” Saturday brings us another exceptional workshop leader, Marian ‘Edie’ Eddens who gives us tips on how to be successful with “Who’s Raining on My Parade?” Want to “Get Down and Boogie” attending Elizabeth Richardson’s workshop is a must! Our education ends with our Division Vice President, Doris Ginther who will share the secret to increasing membership through “Expansion.”

Our jewel in the crown

Here is what we wait for all year. Who is the best of the best in presenting a formal speech? You will not want to miss the Speech Contest on Friday night. The three councils put forth their best. Let’s see if you agree?

Recognition

Remember to make plans to attend the Honors Dinner on Friday night. The winner of the Speech Contest, Writing Contestants, Life Members, P.R.E.M. Awards, Outstanding Council Award, and Newsletter will be recognized for their achievements in excellence. Saturday afternoon the Honors Luncheon will be held recognizing the Workshop Leaders, Council/Club-at-Large Presidents, Standing/Conference Committee Chairman. At that time we will receive News from ITC.

ENTERTAINMENT

The Best of the Best returns and with a vengeance! Here is where clubs showcase their members’ collective talents. This is serious showmanship. The ultimate prize is to be a member of the most talented club in the region. Members and guests at the Conference are the judges. Each vote is a paltry \$1 – not very costly to support your choice.

HOTEL INFORMATION:

Our Annual Conference will be held at the Woodfin Suites Hotel in the City of Emeryville, located at 5800 Shellmound Street, (510) 601-5880. Please make your reservations early, like now. \$119 for a one (1) bedroom suite with prices guaranteed until May 3, 2011. There is an extra charge of \$10 for the 3rd person in the suite. Suites can accommodate 4 people and include a large living and working area, separate bedroom with double French-door entries. Refer to the December Pacific Waves for driving directions. Questions, concerns, request for assistance, please contact Carroll Jean Lorbett, Conference Coordinator at (510) 530-1072 or by email: Carroll.J.Lorbett@hud.gov.



ACCREDITATION REPORT

Since we are nearing the end of our ITC year 2010-2011, there are a few points you need to remember about the Accreditation Program, especially if you are still on the fence about totally committing your efforts to grow in this program:

- a) Just by participating in this program helps you to improve your performance.
- b) Whatever assignment you get at club, council, region, ITC levels can be evaluated for credit.
- c) Remember you can work on more than one level at a time.
- d) As soon as you have your assignment, call your local Accreditation committee to set up the time to be evaluated. It's that simple.
- e) Nothing is stopping you---just start! Remember your Powertalk Master Manual; ask your club for help, and get going. It's free and very effective.

As we fast approach the end of this ITC, lets make it a goal to get every task evaluated. Remember, since you don't have to finish one level in order to work on the next one, just look ahead and make each assignment count. Since my committee consists of all Council Accreditation chairmen, I will be contacting that committee shortly so we will be prepared and ready to be of service at the Annual Conference. Members, Waiting for your call!!!

Edie Eddens, Accreditation Chairman

DONATIONS

Hello, everyone as we welcome spring it's time to plant seeds for an successful annual conference. The donation committee was provided an Official letter by our Region President Portia Munn to send out to all major foundations and local business owners to ask them to help us sponsor

The 2011 Sierra Pacific Region Annual Conference being held on June 3-4, 2011. I will also be asking all clubs, council 1,2 & 4 and region to donate themes baskets for a silent auction that will be held at conference. Our goal is \$1,500 dollars. I want to surpass that amount. I need your help!! If any member wants to give personal donation or have a relationship with a particular business that you feel would be interested in sponsoring our Sierra Pacific Region Annual Conference with a big ticket item or a monetary donation.

I can provide them with a letter. We are a non-profit organization. It is tax free!! I am exciting about the upcoming conference. Let's reach for

the stars 🌟. Email me with any suggestions or if you want to donate toward our goal please do not hesitate to contact me at 916-505-0024 or by email dacrabbyone@hotmail.com. Let's start today!!

Liz Hatch, Donations Chairman

Bylaws and Resolutions Howard Egerman

Conference time is approaching. Does your club have any ideas to improve our bylaws and standing rules? If they do, please submit them to this chairman as soon as possible so that we can distribute them to the clubs and meet the SPR bylaws' mandates.

Remember the club delegate to conference represents the wishes of the club and so delegates remember to make sure that you receive instructions for all issues at the business meeting.

Proposed Bylaw changes received to date can be found starting on page 14.

Best of the Best!

SIERRA PACIFIC REGION'S

TALENT SHOW

Do you think that your club is the most talented in the region? If so, enter the talent show and find out.

All Clubs will have 5 minutes to do a program of their choice. Do a group presentation or one or more members can perform for the club. Show off your club's skills.

The judges are the members and guests at the Conference. This will be a fund raiser with members voting for their choice with their hard earned cash. The minimum amount that can be given is \$1. The club that receives the most votes with cash will win the contest. What you do is up to you.

Don't miss out on this opportunity to showcase your club. Top your last year's performance.

Contact President-Elect Faye Corrin to let her know that your club will compete at californiafaye@aol.com by 5/14/11.

Will your Club be THE "Best of the Best."



SIERRA PACIFIC REGION PROPOSED BYLAWS AMENDMENTS

The Elite Club presents the following proposed amendments to the Sierra Pacific Region By-laws to be presented at the Annual Conference during the Business session on Friday, June 3, 2011:

Please discuss at your club and instruct your delegate as to how you wish them to vote and/or give them the authority to listen to discussion before voting your wishes.

Article VII – Nominations and Elections

Section B. Requirements All Officers shall:

Current wording:

Have served as club president.

Proposed wording:

2. have held elected office at club and council level where a council exists, or at a club-at-large.

Rationale:

We have many members who are capable of holding a Regional Office who have not served as Club President. Regional Sample bylaws recognize this fact. By passing this amendment, the Sierra Pacific Region would be in step with the Sample bylaws, thus widening the pool of potential Regional Officers.

Article VII – Nominations and Elections

Section B. Requirements All Officers shall:

Current wording:

4. the president shall:
 - a. have been an active member for at least five (5) years.
 - b. have served as and elected region officer for at least two (2) years.
5. The president -elect shall;
 - a. have been an active for at least five (5) years.
 - b. have served as an elected region officer for at least one (1) year.
6. The vice president (optional) shall:
 - a. have been an active member for at least four (4) years
 - b. have served as an elected region officer for at least one (1) year.
7. The secretary shall:
 - a. have been an active member for at least three (3) years.
8. The treasurer shall have been an active member for at least three (3) years.
9. The secretary-treasurer (optional) shall have been an active member for at least three (3) years.

Proposed wording:

Eliminate 4, 5, 6, 7, 8, and 9.

continued on page 15

Bylaw Proposals continued from page 14:

Rationale:

The elimination of numbers 4, 5, 6, 7, 8, and 9 will remove unnecessary and artificial barriers from those members who desire to be elected to regional office.

Article VII – Nominations and Elections

Section D. Term

Current wording:

Officers shall be elected for **one year (1) and may serve no more than two (2) years** in the one office or until their successors take office.

Proposed wording:

Officers shall be elected for **two years (2) and may serve no more than two (2) years** in the one office or until their successors take office.

Current wording:

2. Officers shall take office at the beginning of the fiscal year, and shall serve for one (1) year or until a successor takes office, or until removed by resignation, death, or by adoption of motion by member clubs with notice and a 2/3 vote.

Proposed wording:

Officers shall serve as provided in Article 7.D.1. or until removed by resignation, death or by adoption of motion by member clubs with notice and a two-thirds (2/3) vote.

Rationale:

It is becoming increasingly difficult to find members willing to serve as Regional Officers. This amendment will allow officers a chance to become more proficient in their office and eliminate the yearly search to find officers. Also, International officers are elected for a term of two years. This will put our Region on the same schedule as International. It would also save money because the Regional Conference would then be held on a biennial basis thus requiring less funding than an annual conference.

If the above is passed, then the following bylaw amendment would be voted on:

Article IX – Meetings and Voting

Section A. Meetings

Current wording:

The members of this region may hold an **annual** conference. The Fall and Spring training meeting may be held at the discretion of and at such dates as determined by the region board.

Proposed wording:

The members of this region may hold a **biennial** conference. The Fall and Spring training meeting may be held at the discretion of and at such dates as determined by the region board.

continued on page 16

Bylaw Proposals continued from page 15:**In Addition, add duties for the Membership committee into the bylaws as stated:**

Insert **new** Article XI Committees and Duties. Section B. Duties of Standing Committees and **renumber** remaining committees starting with **Program-Education** which will **become #10 instead of the current #9**.

Article XI Committees and Duties.**Section B. Duties of Standing Committees****9. Membership. The membership Committee shall:**

- a. assist councils and/or clubs with membership retention and recruitment.
- b. maintain an accurate record of club membership.

Rationale:

This will help to define the role of the Membership Committee and is included in the Region Sample Bylaws.

CONFERENCE PROTOCOL INFORMATION

Protocol is a display of respect to our guests, officers, and program participants. Protocol teaches us proper etiquette to recognize and honor those in leadership positions, and promotes orderly procedure and good relations among members at all levels. Protocol does not consider personal likes or dislikes. We are pleased to share with you the how, when, and where of this very important etiquette for our conference.

Protocol Booklet will be available at the Registration table for at least the following:

- POWERtalk International Official Visitor
- Sierra Pacific Region Board of Directors
- Conference Coordinator
- Committee Chairs – Properties and Program chairs as well as committee chairs whose tasks require a booklet.

Seating during the Business Sessions. Conference Club Delegates will be seated in front of the head table.

Special Honor Table - Please note that protocol signs will be on display indicating reserved seating for special honorees.

Dress Code

Opening and Business Sessions – Business attire.

Friday Night Speech Contest Dinner – ‘After 6’ attire with sports jacket for men.

Saturday - Business attire.

Saturday Installation Dinner – Semi-formal or ‘after 6’ attire with suit and tie for men.

Name Badges – All attendees should wear the conference name badge to every function.

POWERtalk or ITC Pin[s] – Proudly wear the pin[s] on the left side, at the same height as the name badge, if appropriate. If you would like to wear more than one pin, it is recommended placing them on a ribbon and to wear them proudly.

2011 SIERRA PACIFIC REGION ANNUAL CONFERENCE CREDENTIALS FORM

The Sierra Pacific Region Annual Conference will be held June 3-4, 2011 at the Woofin Hotel, 5800 Shellmound Street, Emeryville, California 94608

Each club in good standing is authorized one voting delegate and one alternate delegate to serve in the event the delegate is absent or is unable to exercise voting privilege. The delegate and alternate shall be active members in good standing within the club they represent.

Please complete the Credentials Form below and return it with a copy of your current club roster. **Please mail form by May 13, 2011.** Your delegate and alternate delegate should sign the form before mailing. The delegate will sign the form again when checking in at the Registration/Credentials Desk. The Credentials Chairman will be seated next to the Registration Chairman.

We look forward to seeing you at the 2011 Sierra Pacific Region Annual Conference.

2011 Sierra Pacific Region Annual Conference Credentials Form

The members of _____ Club, Council _____ Sierra Pacific Region, have elected _____ as delegate and _____ as alternate delegate to the Sierra Pacific Annual Conference, June 3-4, 2011 in Emeryville, California. This Credentials Form verifies that the club is in GOOD STANDING and is eligible to vote. All dues, fees, and assessments have been paid at all levels for 2010-2011 as prescribed by the ITC Bylaws.

Signature of Club President

ELECTED DELEGATE

ALTERNATE DELEGATE

Name

Name

Club _____

Club _____

Signature of Club Delegate

Signature of Alternate Delegate

Signature of Club Delegate at Conference

Signature of Alternate Delegate at Conference

MAIL FORM BY: **MAY 13, 2011** to Gail Anderson
3241 Smithlee Drive
Sacramento, California 95827-2427

PLEASE INCLUDE A COPY OF YOUR CURRENT CLUB ROSTER.

Sierra Pacific Region (SPR) Nomination Committee Progress Report

The Nomination Committee has as of March 31, 2011 completed its quest to have nominees for the 2011-2012 SPR Board and the Nomination Committee. We have received all three candidates from each council for the 2011-2012 Nomination Committee. The Nomination Committee, however, was unable to get candidates for all the available positions on the SPR Board. This does not preclude a member from being nominated from the floor for the elections or being appointed after the elections have been closed.

The candidates so far are for the 2011-2012 SPR Board:

President-Elect	Lynn Harrison, Acorn Club of Council 4
Vice President	No candidates as of March 31, 2011
Secretary	No candidates as of March 31, 2011
Treasurer	Robert Richardson, Valley Communicators of Council 2

The Nomination Committee candidates are

Jennine Quiring, Council 1
 Maria Trujillo-Tough, Council 2
 Beverly Harrison, Council 4

For those who are still sitting on the fence for the SPR Board, you may have a delegate nominate you from the floor, provided that you as candidate either are present at the meeting or you have given written consent. Either complete a nomination form from the SPR website or submit a signed written statement that you meet the offices requirements and are willing to serve if elected. After the elections, if you are interested in a vacant position and have the qualifications, please contact the 2011-2012 President for an appointment to any unfilled position.

If you have any questions, please contact me or any of the Nomination Committee members.

Alan Nakano, C2, Chairman
 Belinda Helms, C1

BREAKING NEWS!! BREAKING NEWS!! BREAKING NEWS!! BREAKING NEWS!!

Sierra Pacific Region has won the privilege to Host the 2013 International Convention. We will have more information at Annual Conference and we need a committee to develop the CALL TO CONFERENCE in Indiana in July 2011. Please bring your ideas and commit to being a part of the event. We also look forward in the next two years to work very closely with the incoming President; The first American President for ten years, Carol Preiss.

Maria Trujillo Tough

Speech Contest Challenge

Alan Nakano, SPR Speech Contest Chairman

The Speech Contest is scheduled for Friday June 3 at 5:30 p.m. at the Woodfin Suite Hotel. We will have tremendous competition from all three of the councils. Council 4 has already had their Speech contest and has selected Peter Gaposhkin as their representative. Council 1 and Council 2 have yet to have their contest but based on the number of competitors and the past year results, this proves to give anybody a strong competition for this challenge. Council 1 has won the region contest for at least two years in a row. Council 2 will have 5 competitors at their own contest to pick their best to represent them.

We expect each of the councils to send a contingent to support their representative in this year's contest. Get their and show your support for your representative. We won't have cheering sections but we will have members politely applauding for their competitor. Who knows this applause may even sway the judges. Speaking of the judges, we will have a world renown panel who is sure to pick the best and show that SPR is a certainly challenge at the Internationals.

Don't forget to bring friends, families, neighbors and acquaintances to help you support your person. This is bound to be a wonderful and amazing event.

I hope to see you there.

OH, NO!!!!

If that is your cry of anguish because you have missed the deadline to enter the 2011 writing contest, cheer up. I have good news for you. You may have missed this year's deadline, but there is always **NEXT YEAR**. In that respect, the writing contest is very much like gardening.

It is true that next year is a long time away. Think of all that time as your opportunity to prepare well for next year's contest. Now is the time to begin jotting down ideas for writing topics. Now is the time to brush up your grammar and spelling if it has been a long time since you last paid attention to these matters. Now is the time to do a trial run and format a document to meet the contest requirements. And in a few short weeks, you can attend a writing workshop at our annual conference that will help you to "Write it Right."

Meanwhile, the judges are still busy reviewing this year's entries. The results, as you know, will be announced at the conference. I urge all of you to attend the conference, benefit from the workshops, and cheer for and honor the contestants and winners of the 2011 SPR writing contest. Until then, keep those pencils sharpened!

Barbara Stengel
Writing Contest Chair

Sierra Pacific Region
 ANNUAL CONFERENCE BUDGET Adjusted as of 3/14/2011
 FISCAL YEAR 2010 – 2011

	BUDGET	
INCOME:		
Registration on 35 @ \$45 (SPR Board Pay Full Registration)	\$1,575.00	
Meals	\$3,840.00	
Late Fees 9 @ \$10	\$ 90.00	
Program Ads \$1,600.00		
Donations from Members & Sponsors	\$1,140.00	
 Total Annual Conference Budget Income		 \$8,245.00
EXPENSES:		
Meals	\$3,721.00	
Guest Meals/Workshops	\$ -	
Installing Officer Meal	\$ -	
Invocation Speaker Fee	\$ -	
Keynote Speaker Meal/Honorarium	\$ -	
ITC Official Visitor Meal Packet	\$ 146.00	
ITC Official Visitor Hotel Room/Travel	\$ 375.00	
Meal Packet SPR Board 6 @ \$80	\$ 684.00	
Meal Packet Conference Coordinator	\$ 114.00	
1/2 Hotel Room SPR Board 6 @ 187.50	\$1,125.00	
1/2 Hotel Room Conference Coordinator	\$ 187.00	
Meeting Room/Set Up Fee	\$ 600.00	
Honorarium/gifts	\$ -	
Honorarium Speakers Fee	\$ -	
Program/Binders	\$ -	
Conference Printing	\$ 550.00	
Conference Coordinator Expenses	\$ 100.00	
Credentials	\$ -	
Flags and Presentation	\$ -	
Registration Expenses	\$ 50.00	
Registration /Meal Refunds	\$ -	
Executive Assistants/Pages	\$ -	
Life Membership Gifts	\$ 50.00	
SPR Past Presidents' Gift Presentation	\$ 30.00	
Properties Committee Expenses	\$ 35.00	
Property Supplies	\$ 20.00	
Signs	\$ -	
Protocol	\$ 15.00	
Program Ads Committee Expenses	\$ -	
Training Materials Printing	\$ 50.00	
Host Council	\$ 75.00	
Conference Bags & Gifts	\$ -	
Decorations	\$ 25.00	
Entertainment	\$ -	
Unallocated Exp	\$ 23.00	
Audio/Visual	\$ 120.00	
No Host Bar	<u>\$ 150.00</u>	
 Total Annual Conference Budget Expenses		 \$8,245.00

Be a HAWC?

HAWC is short for the Hands Around the World Chain.

What does it do?

The HAWC Committee matches clubs that are unable to send a delegate themselves. This gives clubs a voice in the business proceedings occurring at the convention.

How does that work?

Your club requests a HAWC delegate to represent them. The HAWC Committee assigns a volunteer HAWC delegate from their listing of convention attendees. If there are amendments and your club wants to get their two cents as to how they interpret it and how they either like or dislike it. You can discuss with the HAWC volunteer delegate your clubs feelings on certain issues ahead of time. If your club wants more real time response and communications the club and the HAWC delegate can establish an electronic means of communicating during the business sessions. You can use cell phone or computer means.

What does the HAWC volunteer do?

The HAWC volunteer delegate can request a specific need like volunteering only for clubs within its region or Division or even outside of its region or Division. As a HAWC delegate you obviously must attend the convention. If you are a delegate for your own club, then you cannot be a delegate for another club. Complete the volunteer HAWC Delegate form obtained from the international website and send it into shogundad1@att.net. The HAWC committee will match you to meet your or the requesting clubs specific requests.

Communicate with the club that you are assigned. Find out what are the hot issues or topics for that club, council or region. What there likes and dislikes? Whether they will allow you free reign on some issues or not. If some clubs feel very strongly about something they may want to keep in close communications while the business sessions are taking place.

Make a report to the club you represent about two weeks after the convention. The report at a minimum should include the results at all the business sessions. You should outline some of the training and other events such as the installation, speech and writing contest results including the Cosmopolitan Speech Contest, etc. You may, if you have the time and have taken good notes, give them some of your experiences throughout the convention.

Alan Nakano, HAWC Committee Chairman
POWERtalk INTERNATIONAL

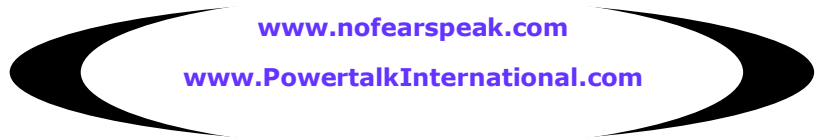
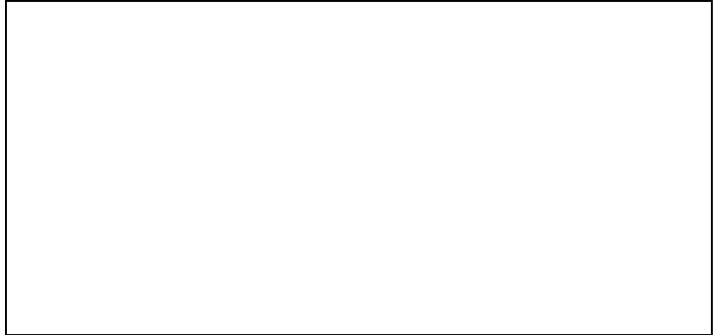




Coaching In Effective Speaking!

SIERRA PACIFIC REGION

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MISSION	The mission of ITC is to provide opportunities for self-improvement through progressive quality training in communication and leadership skills.
CREED	To foster free and open discussion which shall be without bias on all subjects whether political, social, economic, racial or religious.
ITC COLORS	Blue and Gold
ITC PLEDGE	We, as members of International Training in Communication, hereby pledge to improve our communication and leadership skills, in order to achieve greater understanding throughout the world.
ITC SLOGAN	ITC, the Power of Communication
ITC VISION STATEMENT	International Training in Communication creates a better world tomorrow by training communicators and developing leaders today.