



## Just what is POWER talk International?

It is a unique group that helps many people achieve their professional goals. The Golden Opportunity Club invites you to attend their noon meetings which are currently held at Department of Mental Health, Bateson Building, Room 130, 1600 Ninth Street, Sacramento, CA, on the first Thursday of each month.

Membership is open to both men and women and provides training in communication, leadership, poise and confidence. Each member is provided with an educational manual comprised of a handbook.

What do you learn? With POWERtalk International, you will learn to be more comfortable in leading a discussion, communicate with authority and conviction, organize community functions and convert anxiety into positive energy.

Explore the possibilities this training organization offers. Whether your goal is for continued learning or career advancement, the organization can develop your inherent potential. It is worthy of fitting into your busy schedule.

The organization originated as the International Toastmistress Club in 1938 and later became International Training in Communication, the best kept secret in town! For more info log on to:

**<http://www.vcommunicators.com/council2/>**